Grief

**G** – Gone are the days when you stroked my hair,

Tickled me when I was in another teenage mood,

And kissed me softly on the forehead as I fell asleep,

Gone are the days we went on our morning walks together,

Mocked dad for his silly jokes and outfits,

Baked, cooked, and watched the sun melt away,

**R** - Returning to these memories, reminiscing about your smile, smell,

The color of your hair, it’s brunette locks waving everywhere,

I can’t help but think of what my life would’ve been like if you were here,

The emptiness on your dining table chair only makes the pain more severe,

Sometimes my mind wanders, to me as a mother,

Waiting and hoping, with every tear shed, you’ll be there to protect us,

The same way you have always protected me,

**I** - I never truly understood what the words ‘I miss you’ meant,

Until I reached for your hand and it wasn’t there,

I know the pain I’m feeling isn’t rare,

It happens all over the world,

I just wish you’d taught instead how to cope without you,

Rather than pretended like the only feeling I wouldn’t feel was blue,

**E** - Everyday, as I grow older, more and more of you seems to be scattered everywhere,

In the fragrance of flowers, the brightness of the moon, even when I look in the mirror,

The thought of you, how you always knew the right thing to say,

Were patient, kind and through the worst of nightmares, stayed with the till the dawn of day,

**F** - For life itself is cruel, I hate the way it comes day after day,

Expects me to keep fighting, but I am holding onto hope,

Hope that, in whatever shape or form, our hands will touch,

Eyes will meet and you will be here with me, at graduation,

When I get my first job, build my own family,

Try and forget the darker days, because

Faith is the only thing that is keeping me together right now, so,

Fight beside me, Mother, make me believe you are here.

Sincerely,

Your daughter x